

Νέα δημοσίευση: Η σύσταση του σώματος στη σκλήρυνση κατά πλάκας (Σ.Κ.Π.)

2013-08-16 13:05:25

Body composition in multiple sclerosis.

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Abstract Multiple sclerosis affects central nervous system leading to disability. Among other complications the deterioration of body composition is usually neglected and increases the risk for diseases such as coronary heart disease, non-insulin dependent diabetes mellitus, lipid abnormalities and bone loss leading to fractures in this population. Body mass index values, the effect of spasticity, the increased number of drugs used and the relationship between skeletal muscle and bone which interacts with impaired motor function leading to body composition alterations in multiple sclerosis are reviewed. **KEYWORDS:** Multiple sclerosis, body composition, bone, fat, muscle, rehabilitation

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